An edited version of this article appeared as; Jones (2010) Gender ratio and hospital admissions. British Journal of Healthcare Management 16(11): 541. Please use this to cite.

## Gender ratio and hospital admissions

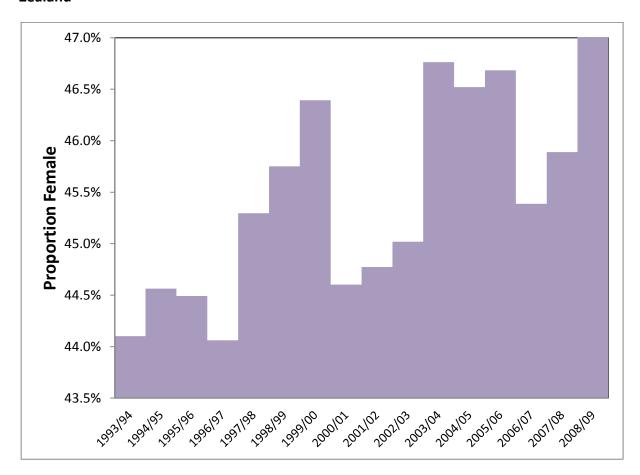
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**Key Words:** hospital admissions, gender ratio, infectious outbreaks, GP Commissioning, health care costs, emergency admissions, general symptoms

A series of articles in BJHCM has suggested that the pattern in medical and mental health admissions and A&E attendances can be best understood in the context of a pattern of repeating outbreaks of a new kind of infectious disease (Jones 2009a,b, 2010a-j). It has also been suggested that an increase in the proportion of female admissions is a characteristic signature associated with these outbreaks (Jones 2010a,d,e).

Figure 1: Change in proportion of female admissions for general symptoms in New Zealand



Data kindly supplied by the NZ Ministry for Health

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Figure 1 gives an example from New Zealand relating to admissions for general symptoms (ICD-9 diagnosis code 780). As can be seen three clear shifts can be seen in 1997/98, 2003/04 and 2008/09 which match the dates (for a full year effect) following proposed outbreaks in 1996, 2002 and 2007 seen in the UK. In the UK each outbreak appears to be particularly associated with an increase in general symptoms since clinicians are not looking for a disease which works via general immune function impairment (Jones 2009b, 2010h-j).

The interesting point is that the proportion of female admissions is drifting steadily upward over time and this may offer insight into the cumulative effects of the infectious outbreak and the unexplained increase in medical admissions over the past three decades.

If one may suggest, at the very least, health care is not behaving the way we have been told it is supposed to behave (Jones 2010k). Is it time for a realistic reappraisal of the evidence-base for the basis of the biological factors involved and their knock-on effects in cost behaviour?

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